

# The Lighter Side of Heavy Medical Problem: Morbid Obesity

A Bhargava

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## Citation

A Bhargava. *The Lighter Side of Heavy Medical Problem: Morbid Obesity*. The Internet Journal of Health. 2006 Volume 5 Number 2.

## Abstract

Sir,

I read your article – “The Lighter Side of Heavy Medical Problem: Morbid Obesity”. For a moment I forget that I was going through a medical journal as you beautifully depicted the story of 38 yr old young man. This young talented personality although suffering from morbid obesity was full of life as evident from your description.

Truly, morbid obesity in a person demolishes their social and personal relationships; put them at physical, psychological and emotional stresses. Adding to these, it increases their financial burden.

From treatment prospects, dieting or changes in dietary habits do not work. Drugs might help with weight loss but their side effects and rebound weight gain after their stoppage makes researcher attractive towards this problem. Surgery often is the last resort.

Thank you,

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REPLY

Dear Sir

I am pleased that the article interested you and as medical practitioner I am sure you have the required knowledge to understand the problems of morbid obesity. The tragic view about this situation that the man due to many reason would indulge in eating far beyond the energy he needs or consume in the exercise he is making, which need multi-disciplines approach. Morbid obesity has some hope in the minimally invasive gastric banding. I am sure that surgery is not without inherited risk but soon we will see that some solution to selected patients would be by restrictive surgery. Which mean reducing the ability to exceed certain little volume of food at time with spacing and watching what one eats?

The story in the article is true story and it depicts the courage of that artist who performed in his latest performances with oxygen inhalation by nostrils catheter.

Hope to shed more light on such problem to improve medical awareness to the public.

Mohamad Said Takroui

## References

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