

Schwannoma Of The Cervical Vagus Nerve: A Case Report And Review Of The Literature

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Abstract

Nerve sheath tumors arising from the cervical vagus nerve are extremely rare, and are of diagnostic challenge. We report a 14-year-old boy presented with a several month history of an asymptomatic right cervical swelling. An ultrasound & FNAC revealed a vascular lesion. He was meticulously evaluated with CT Scan & DSA. Surgical excision of the lesion was carried out and histological examination revealed an schwannoma. Schwannoma are relatively rare tumor and even rarer in children. The incidence of such tumors and the management of our patients are discussed.

INTRODUCTION

The head and neck region is a source of swelling of a wide range of pathological types. The commonest cause of neck swelling in children is reactive lymphadenopathy associated with upper respiratory tract infections. However, other types of swellings such as branchial, sebaceous and thyroglossal cysts are regularly encountered. We report an unusual swelling in a 14 year old boy, mimicking carotid body tumor an ultrasound, contrast enhanced CT scan & digital subtraction angiogram (DSA).

CASE REPORT

A 14-year-old boy presented with a history of an asymptomatic swelling of the right side of neck since childhood, which is increasing in size since 3 years. It was situated just below the mastoid, deep to the origin of the sternocleidomastoid, in the posterior triangle of the neck. The size at the time of admission was 6 x 4 cms. There was no history of hoarseness of voice, nasal regurgitation, syncopal attacks or associated pain. There was no history of trauma or fever. Examination revealed a firm; pulsatile swelling that was mobile only in transverse plane. The carotids were palpable anterior to the swelling.

Examination of oropharynx revealed no medial displacement of peritonsillar structures and indirect laryngoscopy revealed no vocal cord paralysis. Cranial nerves examinations were normal.

Sonographic examination revealed a 4 x 3.5 x 3 cms mass, with plenty of vascularity, in the right carotid space

displacing the carotid arteries anteriorly and the IJV laterally. CECT of the neck showed a well defined oval hypodense lesion in the right carotid space, extending from the angle of the mandible to C4 vertebral level and enhancing very well a contrast administration. The above findings were confirmed an MRI. Since the FNAC and other investigations were favoring a vascular lesion, patient was subjected for DSA. DSA of the right major vessels revealed a hyper vascular lesion, deriving arterial feeders from the ascending pharyngeal branch of the right ECA.

The neck was explored by an oblique incision along the anterior border of sternomastoid. There was a vascular brownish tumor in between the carotids anterolaterally and the internal jugular vein posteromedially, both of which were stretched and compressed. The tumor was arising from the vagus nerve and extending up to the base of skull. The tumor was completely excised along with vagus nerve. Postoperative recovery was uneventful except for mild facial weakness. Patient was discharge after 10 days. The histopathological examination of the specimen revealed schwannoma.

Figure 1

Figure 1: Histopathological examination typically of schwannomas

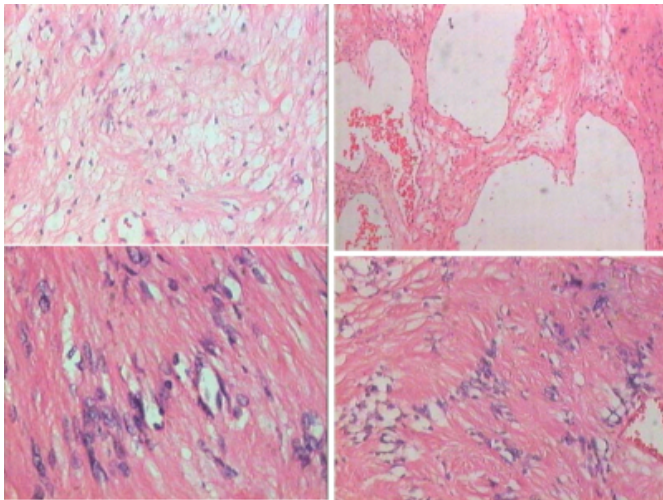


Figure 2

Figure 2: Excision of the schwannoma



Figure 3

Figure 3: Schwannoma excised in toto, sparing vessels



DISCUSSION

Paragangliomas are rare tumors. Approximately 10% of them arise from the vagus nerve. Till June 2000, only 95 schwannoma has been reported in the literature, with the majority of being in patients between 30 and 60yrs of age^{1,2}. Although neck swellings in children are common, the vast majorities are due to the reactive lymph nodes. Neurogenous tumors are relatively rare. In one reported series of pediatric neck masses, neurogenous tumors accounted for 2% of benign non-lymphadenomatons lesion. The commonest cause was sebaceous cysts (34%), followed by throglossal cysts (13%), branchial remnants (9%) and dermoid (9%)³. A review of documented cases suggests that approximately 10% of schwannoma are diagnosed in patients less than 21 years of age^{4,5,6}. Schwannoma may found in any part of the body but tend to occur in the head and neck region and the flexor surfaces of the upper and lower extremities. Between 25 and 45% of all reported schwannoma are found in the head and neck region. These sites include the parapharyngeal space, neck, Para nasal sinuses, nasal and oral cavities, face, scalp, intracranial cavity and larynx^{7,8}. Reported cases of head and neck schwannoma in children include involvement in the nasopharynx and neck, and larynx¹⁰. The lateral side of the neck is the commonest site of extra cranial schwannoma. Cranial nerves and sympathetic chain give rest to tumors in the medial half of the neck. The vagus nerve is the most commonly involved cranial nerve. The nerve of origin can be identified in only approximately one quarter of cervical schwannoma.

A preoperative diagnosis may be made with some certainty based on a high index of suspicion from the history of painless, pulsatile swelling, characteristically mobile laterally but immobile vertically, reflecting its attachment to the vagus nerve. CT scan, MRI and angiography may obtain confirmation of the diagnosis. Incisional biopsy is unnecessary and contraindicated because of vascular nature of the lesion and the possibility of uncontrolled hemorrhage. It may also make removal of tumor mass difficult because of obliteration of tissue plane.

A schwannoma is a solitary and encapsulated tumor. Histologically, it exhibits two main patterns-Antoni A and Antoni B. Antoni A tissue is represented by a tendency towards palisading of the nuclei about a central mass of cytoplasm (Verocay bodies). In contrast, Antoni B tissue is a loosely arranged stroma in which the fibers and cells form no distinctive pattern. A mixed picture of both types can exist. Other typical features include necrosis, hemorrhage and cystic degeneration. Malignant change in the nerve sheath tumors in the head and neck is very rare.

Gross total resection remains the treatment of choice for these tumors. The capsule is gently and carefully dissected from the fascicles of the nerve. When it is necessary to debulk the tumor, the capsule is incised longitudinally to preserve the uninvolved fascicles. However as much as possible of the capsule should be removed to prevent recurrence. If the nerve or some of the fascicles cannot be salvaged, a split repair should be performed using the great auricular or sural nerve. In cases where it is not possible, vagus nerve is sacrificed along with the tumor. Hoarseness is nearly always present after resection and recovers in most cases. Other common complications include pharyngolaryngeal anesthesia, aspiration and cranial nerves IX, XI and XII palsies, which may be transient or permanent.

CONCLUSION

Schwannomas of the head and neck are usually benign and slow growing tumors. They are most often diagnosed in adults but can also occur in children although not so often. Even in children, such tumors are relatively rare compared with other types of neck swellings. Surgical excision of schwannoma with or without sacrificing nerve results in complete cure with little likelihood of recurrence.

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