

Adult Haematooncology Cases: A Six Year Review At Lagos State University Teaching Hospital Ikeja

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Abstract

BACKGROUND: Hemato-oncology is a malignant neoplasia of the blood and blood forming organs, such as the bone marrow, blood cells, and lymphoid tissues. The overall goal of the study was to determine the frequency distribution of Hemato-oncological cases seen at the Lagos State University Teaching Hospital Ikeja. **MATERIALS & METHODS:** This was a retrospective review of Hemato-oncological cases seen at the Lagos State University Teaching Hospital Ikeja over a period of six years from 1st January 2001 to 31st December 2006, who presented at Lagos State University Teaching Hospital Ikeja. All case notes of patients seen at the clinic and those admitted through the medical emergency were retrieved and relevant data were extracted to a standard form. **RESULTS:** A total of eighty-one case notes were seen consisting of 23{28%} each of Chronic Myeloid Leukemia and Chronic Lymphocytic Leukemia. Twelve cases {14.6%} of Non-Hodgkin's lymphoma, ten cases {12.2%} of Multiple Myeloma, seven {8.5%} of Acute Lymphoblastic Leukemia, five {6.1%} of Hodgkin's lymphoma, and one {1.2%} of Acute Myeloid Leukemia. **CONCLUSION:** Acute Lymphoblastic Leukemia was noted to be commoner than Acute Myelogenous Leukemia in adult contrary to Literature findings, Chronic Lymphocytic leukemia and Multiple Myeloma were diagnosed mainly in the elderly in keeping with other previous studies and Non-Hodgkin's lymphoma is also commoner than Hodgkin's lymphoma in this environment.

INTRODUCTION

Hemato-oncology could be broadly classified into four groups, namely; Acute leukemia {consisting of Acute Lymphoblastic Leukemia, Acute Myeloid Leukemia and Myelodysplastic syndrome}. Myeloproliferative disorders {consisting of Chronic Myeloid Leukemia, Polycythaemia vera, Myelofibrosis and, Essential thrombocythaemia}. Lymphoproliferative disorders {consisting of non-Hodgkin's Lymphoma, Hodgkin's Lymphoma, Chronic Lymphocytic Leukemia, and Hairy cell leukemia.} and Plasma cell dyscrasias such as Multiple Myeloma, Monoclonal gamopathy of undetermined significance, Smouldering Multiple Myeloma, Waldstrom Macroglobulinemia and Heavy chain disease.

Hemato-oncology affects all ages and demonstrates biological, morphologic and clinical heterogeneity¹ Williams .C.K² in 1985 found deviant biology of some haemopoetic malignancies in the study of clinical and epidemiological features of haemopoetic malignancies in Ibadan. Acute

lymphoblastic leukemia (ALL) has its greatest incidence less than ten years of age and a modest secondary increase in frequency beginning at about fifty years of age³. ALL was not however observed after 40 years of age in Ibadan⁴. Acute myelogenous leukemia accounts for 15 to 20% of acute leukemia in children and 80% of acute leukemia in adults⁴. Chronic myeloid leukemia accounts for about 20% of all cases of leukemia⁵. Although, chronic myeloid leukemia occurs in all age groups, the median age of onset in Nigeria is 34.5 years compared to 50 years reported in western population⁶. In a similar study in 2006 a male: female ratio of 1.8:1 was observed in Nigeria by Boma P. O. et al with ages ranging from 12-74 (median 38) years⁷. Chronic Lymphocytic leukemia is a disease of the elderly with a median age of onset in Nigeria of 57.5 years and a male to female ratio of 2:1⁶. CLL was also found in elderly patients (greater than 50 years) by Williams². However, contrary to existing literature a female predominance in M: F ratio of 1:3 was observed by Omoti⁸ (2007) at Benin City in

Nigeria. CLL incidence was also found to be 36.4% of total leukemia in the same study, with median age being 56 years amongst a peak age group of 51-60 years, whilst 15% were below 40 years

The mean age at diagnosis of Non-Hodgkin's lymphoma in the U.S is 42 ± 3 years and the median age is 62 ± 3 years⁹. The mean age in Nigeria is 32.3 ± 16.3 years while the median age is 29 years¹⁰. Hodgkin's disease has a bimodal age-incidence curve. Rates rise through early life, peaking in the third decade and declining until age 45, after which the incidence increases steadily¹¹. The median diagnosis of multiple myeloma, is 71 years.¹² The male to female ratio is 1.4 to 1. Myeloma accounts for 1% of all malignancies, 10% of all hematological malignancies in whites and 20% of all hematological malignancies in African Americans¹³.

MATERIALS AND METHOD

This was a retrospective study of cases of adult hematological malignancies seen in the Department of Hematology and blood transfusion of Lagos State University Teaching Hospital Ikeja. All cases seen at the clinic and admitted through the emergency department from January 1st 2001 to December 31st 2006 were reviewed.

The following information were retrieved from the cases notes i.e. age, sex, occupation, religion, ethnic group, the presenting complaints, date of presentation, diagnosis and outcome. Diagnoses were mainly by morphology and histology. Non-availability of advanced hematological diagnostic techniques such as immunophenotyping and cytogenetics at the time patients were seen could limit accuracy of diagnosis.

The data was analyzed using the statistical package for social science version 13. Level of significance is taken at $P < 0.05$.

RESULTS

A total of eight-one (81) case notes were reviewed consisting of seven types of malignancies, namely, Chronic Lymphocytic Leukemia {CLL}, Chronic Granulocytic Leukemia, {CGL}, non-Hodgkin's lymphoma, {NHL}, Hodgkin's lymphoma {HL}, Acute lymphoblastic leukemia {ALL}, Acute myeloid leukemia {AML}, Multiple Myeloma {MM}. Out of the total case notes reviewed the highest number of 23 {28%} each of Chronic Myeloid Leukemia and Chronic Lymphocytic Leukemia were observed. Twelve cases {14.6%} of Non-Hodgkin's lymphoma, ten cases {12.2%} of Multiple Myeloma, seven

{8.5%} of Acute Lymphoblastic Leukemia, five {6.1%} of Hodgkin's lymphoma, and one {1.2%} of Acute Myeloid Leukemia. The frequency distribution is as shown in table i.

The minimum age of presentation was 14 years and the maximum 85 years. The mean and median ages per diagnosis were determined as shown in table i. The mean age of diagnosis of CLL was 61.91 ± 10.53 whilst it was 32 ± 16 for CGL (Table i). Comparing the age in groups with the diagnosis, CLL was seen more predominantly in the age group 61-70 years (8 cases), but CGL seen more in the age group 21-30 (7 cases). P value = 0.001 table ii. Sex distribution showed male preponderance except for multiple myeloma in which equal sex distribution was observed. table i.

The mean age at diagnosis of non-Hodgkin's lymphoma was 38.67 ± 14.82 and the median age 34.50 ± 14.82 years. The mean and median ages of Hodgkin's lymphoma were 31.60 ± 20.51 years and 22 ± 20.51 years respectively (Table 1). The median/mean ages of Multiple Myeloma were 52 ± 14.27 years and 37 ± 14.27 years respectively. The result also showed the mean age of presentation of Acute Lymphoblastic Leukemia as 24.29 ± 15.25 years and the median age 19 ± 15.25 years. Two cases of ALL each were found in the age groups 41-50 and 51-60 years (Table ii).

Figure 1

Table 1: The Age and Sex distribution of patients

Diagnosis	Frequency	Percent	Sex		Mean Age in Years	Median Age in Years	Minimum Age in Years	Maximum Age in Years	Std deviation
			Male	Female					
CLL	23	28	13	10	61.91	64	37	77	10.53
CGL	23	28	12	11	34.43	32	14	85	16
NHL	12	14.6	8	4	38.67	34.50	21	70	14.82
HL	5	6.1	4	1	31.60	22	17	67	20.51
ALL	7	8.5	4	3	24.29	19	14	48	15.25
AML	1	1.2	1	0	-	-	-	-	-
MM	10	12.2	5	5	37	52	37	83	14.27
Total	81	100	48	34	43.90	42	14	85	19.58

Figure 2

Table 2: The Pattern of the age in group and diagnosis

Age in Years	CLL	CGL	NHL	HL	ALL	AML	MM
10-20	0	4	0	2	4	-	0
21-30	0	7	3	1	1	0	0
31-40	1	5	5	1	0	0	2
41-50	3	4	2	0	2	0	2
51-60	3	4	2	0	2	0	2
61-70	8	1	2	1	0	0	2
71-80	6	0	0	0	0	0	0
81-90	0	1	0	0	0	0	1

DISCUSSION

CML and CLL appeared to be the commonest adult leukemia in Lagos. CML is common probably because it

affects all age groups. It accounted for 28% of all Leukemia in Lagos, which is in keeping with the study of Lincet (1985).⁵ who observed CML accounting for 20% of all cases of Leukemia. CLL was also seen in almost all age group except those less than 30 years. However, this is an expected finding because CLL is a disease of the elderly.

A median age of 32 ± 16 of CML obtained in the present study is similar to 34.5 years obtained by Durosinmi.⁶ in a study conducted at Ife. ALL appeared to be commoner than AML in this study, the former accounting for 8.5% of all cases and the latter 1.2% of all cases of adult Hemato-oncology cases in Lagos. This is at variance with the study of Williams (1983).⁴ who found Acute Myelogenous Leukemia accounting for 80% of acute leukemia in adults. ALL was also not observed after 40 years by Oladipupo Williams.⁴ which is at variance with the present study in which two cases were seen each in the age groups 41-50 and 51-60 years.

The mean age of diagnosis of NHL obtained in the present study (38.67 ± 14.82 years) is similar to 32.3 ± 16.3 years obtained in Nigerians by Ugboko et al.¹⁰ in 2004. This may be compared with 42 ± 3 years obtained in the U.S.⁹

The 12.2% Multiple Myeloma cases of all Hemato oncology cases in this study is comparable to 10% observed in whites but differs significantly from 20% obtained in African Americans.¹³ The median age of presentation of Multiple Myeloma was found to be 52 ± 14.27 years, this is at variance with 71 years obtained by Greenlee et al.¹²

CONCLUSION

Acute Lymphoblastic Leukemia was noted to be commoner than Acute Myelogenous Leukemia in adult contrary to Literature findings, Chronic Lymphocytic leukemia and Multiple Myeloma were diagnosed mainly in the elderly in

keeping with other previous studies. However, the median age of presentation of Multiple Myeloma in Lagos differs significantly from that in developed country. The median age of presentation of non-Hodgkin's lymphoma is similar to what is obtainable in the U.S. Non-Hodgkin's lymphoma is commoner than Hodgkin's lymphoma in this environment.

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