

# Book Review of "All About Anesthesia"

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## Abstract

The author of this book are; Professor Jan Davies at University of Calgary - Canada, and Dr Rod Westhorpe Senior specialist pediatric anesthetist at Royal Children's Hospital – Melbourne Australia. The book titled, "All about Anesthesia" [1] focuses on patients education regarding commonly asked questions by patients regarding anesthesia. The authors, through presenting case scenarios, discussed how anesthesia is given, anesthesia types. The audience intended for this title is basically; the surgical patients, their related loved one parents and similar individual who face situations of surgery and anesthesia. As all advances in technology in anesthesia still there is a lot to be learned by the patients. It helps also anesthesia practitioners and other health personnel to get patient education material for patients under their care. The title is important for international health workers readers as it is increasingly recognized as increased demands of information in anesthesia throughout the world. A health worker has to adapt to changes in patient right to know.

This introduction to medical ethics comes in response to increased desire to get in depth knowledge of Physician - patient relationship regardless of technical aspects. We are witnessing that the relationship is more complicated and far from just giving therapy and relief ailments. It is far from merely medical science application. The relationship between patient and therapist is not only in various controversial issues like the start of life and end of life, organ transplantations and end of life care, But it is related to patient autonomy, dignity and consent.

The book has twelve chapters and three appendices, glossary, further information sources and index. Professor Davies has written extensively on patient anesthesia safety.

This book explains the various aspects regarding general principles of: anesthesia care including children anesthesia.

The titled chapters include:

- Anesthesia what is it and is it safe?
- Not just a needle.
- Meet your fellow patients.
- Different parents different options.
- Evaluation for your anesthetic.
- Preparation for your anesthetic.
- During your anesthetic
- After your anesthetic.
- Common fears.
- Common complaints.
- Possible complications of anesthesia
- If you think that something has gone wrong

This wealth of topics focuses on universal patient's queries. It is new addition to the intended health workers dealing with surgical patients and exposes the reader to the simple views of anesthesiologist on these topics.

Overall the book offers a sound basic overview of the topic of anesthesia information suitable to typical adult and child.

In conclusion, readers will enjoy reading the book with its many topics. This book is a useful introduction to anesthesia for patient going to have anesthesia.

## References

1. Jan Davies, Rod Westhorpe. All About Anesthesia Oxford University Press Oxford New York 2000 [200 Pages] ISBN: 0 19 551089 5.

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