General Anesthesia For A Patient With An Extreme Case Of Fitz Curtis Hugh Syndrome
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Citation

Abstract
Pelvic inflammatory disease (PID) is the most common infectious disease in young women, and if left untreated, serious complications may result. We report a young, previously healthy patient with an extreme case of Fitz Curtis Hugh syndrome, who was in acute respiratory distress and hypoxemic. To the best of our knowledge, this has not been previously reported. The pathology of FCH is discussed.

Amongst young women 15 to 25 years of age, pelvic inflammatory disease (PID) is the most common infectious disease, and in developed nations accounts for 94% of morbidity associated with sexually transmitted diseases. If PID is left untreated, serious complications may result. (1) We report a patient who presented for abdominal surgery, who was in respiratory distress and hypoxemic, which was apparently due to Fitz Curtis Hugh syndrome.

CASE
The patient was 22-yr-old, 40 kg, 150 cm female who presented for emergency exploratory laparotomy and washout. Her medical history was significant for hypertension of unknown etiology diagnosed 4 yrs earlier, for which she was taking hydrochlorothiazide/irbesartan combination medication. She presented to the emergency room the prior day with right upper quadrant abdominal pain, fever, chills, nausea, polyuria and loss of appetite with gradual onset over the last week. On exam she was noted to be febrile, and tachycardic. She had diffuse abdominal tenderness with rebound, and white/bloody vaginal discharge. She reported having her first sexual intercourse one week prior without condom use. Laboratory results showed elevated WBC count, PT/PTT and alkaline phosphatase and negative pregnancy test. A computed tomography of the abdomen/pelvis was obtained, which showed hepatosplenomegaly with periportal edema, gallbladder wall edema, abdominal ascites, bilateral pleural effusions with atelectasis and enlarged bilateral ovaries.

Upon arrival in the operating room, the patient was noted to be tachypneic and tachycardic. She had diffuse abdominal tenderness with rebound, and white/bloody vaginal discharge. She reported having her first sexual intercourse one week prior without condom use. Laboratory results showed elevated WBC count, PT/PTT and alkaline phosphatase and negative pregnancy test. A computed tomography of the abdomen/pelvis was obtained, which showed hepatosplenomegaly with periportal edema, gallbladder wall edema, abdominal ascites, bilateral pleural effusions with atelectasis and enlarged bilateral ovaries.

On post-op day 1, chest x-ray (CXR) showed increased large bilateral effusions. A bedside thoracentesis was performed with the pleural fluid showing no organisms. Daily CXR’s continued to note increasing bilateral effusions, with the left greater than the right. A repeat thoracentesis/pleurocentesis was done 2 days later with similar results and no improvement. On post-op day 3, peritoneal fluid cultured from the exploratory laparotomy grew out Pseudomonas Aeruginosa that was sensitive to the antibiotics she was already receiving. Up to this point, all other blood, urine and pleural fluid cultures had been negative for any growth. In particular, this included Chlamydia Trachomatis and Neisseria Gonorrhoea. Despite this, she still remained febrile with an elevated white blood cell count and worsening condition. On post op day 7, she was brought back to the
operating room for repeat exploratory laparotomy and washout for an abdominal abscess. In addition, a left chest tube was placed secondary to presumed empyema. She remained intubated for over two weeks. Once extubated, the rest of her hospital course was uncomplicated, and the patient was discharged home.

**DISCUSSION**

To the best of our knowledge, this is the first report of a young, healthy patient presenting for surgery in respiratory distress, which was due to Fitz Curtis Hugh syndrome. Pelvic inflammatory disease pertains to an acute infection of the upper genital tract structures in women, involving any or all of the uterus, oviducts, and ovaries. Involvement of these structures results in endometritis, salpingitis, oophoritis, peritonitis, perhepatitis and tubo-ovarian abscess. (2)

PID usually affects young, sexually active women. Major risk factors include exposure to Chlamydia trachomatis and Neisseria gonorrhea, multiple sexual partners, nonbarrier contraceptive use, instrumentation of the cervix, and smoking. In the past, oral contraceptive pills had been thought of as protective, but data from the Pelvic Inflammatory Disease Evaluation and Clinical Health (PEACH) study showed that with oral contraceptives or barrier methods there was no associated reduction in PID. (1)

Perihepatitis or Fitz-Hugh-Curtis syndrome is an extrapelvic manifestation and can occur in 15% to 20% of cases of PID. Both Neisseria gonorrhea and Chlamydia trachomatis have been found in 10% and 50% of cases of perihepatitis, respectively. It is believed that perihepatitis results from the direct spread of bacteria from the fallopian tubes to the liver capsule, likely along the paracolic gutters or sulci. Lymphatic and hematogenous spread cannot be excluded, as these likely play a role in the spread of the disease. When this condition is left untreated, adhesions can form between the liver capsule and the subphrenic surface of the diaphragm. (1)

The classic presentation of perihepatitis is an acute onset of exacerbating sharp right-upper abdominal pain, which exacerbates on inspiration and often has referred right shoulder pain. Due to the vast differential diagnosis of this presentation, the diagnosis of perihepatitis is often based on a high index of suspicion. This leads to perihepatitis frequently being confused for other conditions since it mimics cholelithiasis, hepatitis, right-lower lobe pneumonia, pleuritis, subprenic abscess, perforated peptic ulcer, and pancreatitis. (1)

The diagnosis of PID had been almost exclusively a clinical one until the publication of a study by Washington et al. in 1969, in which laparoscopy was performed (1). Subsequent studies from the 1990s found the sensitivity of laparoscopy to be as low as 50 percent with a specificity approaching 100 percent (1). Given these results, laparoscopy can have a considerable importance in confirming the diagnosis of PID by having direct visualization of the liver capsule, but is not sensitive enough to be considered a diagnostic gold standard.

Interestingly, our patient also presented with significant pleural effusions and arterial hypoxemia. Although pleural effusions are strongly associated with pronounced ascites secondary to cirrhosis of the liver, literature is scarce for this complication with the acute development of ascites. It may be related to the presence of communications (usually small diaphragmatic defects) and to the pressure gradient between the abdominal and pleural cavities that facilitates the movement of the liquid into the chest. Lung mechanics are negatively affected by the pleural fluid, resulting in decreased lung volumes and pulmonary compliance. Consequently, this leads to moderate hypoxemia secondary to both slight right-to-left intrapulmonary shunt and ventilation-perfusion imbalances.

In summary, we present an extreme case of Fitz Curtis Hugh syndrome, which caused severe respiratory impairment.

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**References**

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