Pictorial Essay Of High Resolution And Colour Doppler Sonography Of Scrotal Pathologies.

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Citation

Abstract
High-resolution sonography is a simple, widely available, inexpensive and non-irradiating, noninvasive, practicable, repeatable, enables rapid evaluation and is widely accepted as the method of choice for screening and diagnosis of spectrum of scrotal pathologies. When color Doppler and power Doppler imaging are added, testicular perfusion can be assessed,[1] which provides valuable information in assessment of the acute painful scrotum in addition to scrotal masses and male infertility. This pictorial essay reviews a spectrum of appearance of common and rare cases scrotal pathologies.

INTRODUCTION
Because of superficial location of scrotum and rapid technological advancements and High-resolution sonography color Doppler provides a very good details of anatomy of the scrotal wall, testis, epididymis and testicular perfusion. It is widely accepted as the method of choice for screening and diagnosis of scrotal diseases. In this pictorial review, sonographic findings of a wide variety of scrotal lesions are presented; imaging findings of intratesticular tumors, benign intratesticular lesions, extra testicular tumors, inflammatory and ischemic lesions, and conditions such as hematoma, inguinal hernia and undescended testis are presented.

MATERIALS AND METHODS
All cases were performed using standard USG machine (Philips Envisor CHD, Netherlands USA) equipped with high resolution and colour Doppler linear probe of 7.5-12 MHz. Examination was performed in supine position with a folded towel positioned between the patient’s legs to support the scrotum. Serial transverse and sagittal images of each testis and epididymis are obtained and both testicles are compared in echo texture and colour flow.

NORMAL US SCROTAL ANATOMY
A normal adult testis is oval shaped, measures 5 × 3 × 2 cm in size and has homogeneous and intermediate echogenicity [Fig.1A].

Figure 1
1A.Normal US anatomy. Longitudinal high frequency US shows normal shaped testis with homogeneous and medium echopattern, with pyramidal shaped epididymal head (H) at the upper pole of testis and is isoechoic to testis.

The tunica albuginea, a dense fibrous capsule deep to the tunica vaginalis, it is reflected into the interior of the testis, forming the incomplete septum along the longitudinal axis of the testis known as the mediastinum of the testis [Fig1B].
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Figure 2
1B.Normal US anatomy. Longitudinal high frequency US shows the mediastinum (M) as an echogenic band.

The epididymis, which overlies the superolateral aspect of the testis, comprises a head, body, and tail. The tail of the epididymis continues as the vas deferens in the spermatic cord. The epididymal head measures 5–12 mm in size, body of the epididymis is 2–4 mm thick. Testicular appendages such as the appendix testis [Fig 1C], a müllerian duct remnant found at the superior aspect of the testis, and the appendix epididymis, is a mesonephric remnant located at the epididymal head [Fig 1D].

Figure 3
1C.Normal US anatomy. Longitudinal US shows Appendix of testis (arrow) well defined oval structure, isoechoic to testis and located at the upper pole of testis (T), at a grove between testis and epididymus, hydrocele (FL) renders it visible.

Figure 4
1D.Normal US anatomy. Longitudinal US shows Appendix of epididymus (arrow), located at the head of epididymus (T), hydrocele (FL) renders it visible.

The spectral waveform of the intratesticular arteries has a low-flow, low-resistance pattern [Fig. 1E] with a mean resistive index of 0.62 and peak systolic velocity ranges from 4 to 19 cm/s.

Figure 5
1E.Normal US anatomy. Pulse Doppler shows normal low resistance flow pattern (arrow).

SCROTAL WALL CELLULITIS
Scrotal wall cellulitis is common in patients who are obese, diabetic, or immunocompromised. The ultrasound (US) signs are an increase in scrotal wall thickness and the presence of hypoechoic areas with increased blood flow seen at color Doppler. [Fig. 2]

2. Scrotal wall cellulitis. Transverse view of simultaneous both gray scale and power doppler of scrotum shows of scrotal wall oedema (E), thickened median raphae (M), with
reactive hydrocele (H) on both sides, power Doppler image shows increased flow (arrow).

INGUINAL AND SCROTAL SWELLING

INGUINAL HERNIA

US is helpful in patients with equivocal physical findings and in those presenting with acute inguinoscrotal swelling. Hernias are classified as direct or indirect, depending on their relationship to the inferior epigastric artery by using color Doppler US. In hernial sac contains most commonly bowel loops, next most common content is omentum, which appears as hyperechoic areas in US. In real time US an akinetic dilated loop of bowel in the hernial sac is, hyperemia of bowel wall and scrotal skin are suggestive of strangulation.

Figure 6
3A. Inguinal hernia with Omentocele. Longitudinal US shows the hyperechoic omentum (arrow) in scrotal sac with hydocele (FL).

3B. Inguinal hernia with Enterocele. Longitudinal US shows an indirect inguinal hernia with bowel loop (arrow head) at the upper pole of testis (T).

CRYPTORCHIDISM

The testes develops in the retro peritoneum and descend downward through the internal inguinal ring, inguinal canal, and external inguinal ring to the scrotum. Malpositioned testes may be located anywhere along the pathway of descent from the retroperitoneum to the scrotum, but the majority of undescended testes (80%) are palpable and will be found at high inguino scrotal region, amenable for localization of a testis easily and rapidly by Ultrasound. Undescended testis is most commonly seen in male infants, bilateral in 10% to 33% [7] [Fig 4A,4B,4C]. The cryptorchid testis is usually smaller and isoechoic or hypoechoic relative to the normally located testis. [Fig 4D]
Figure 8
4A. Bilateral Undescended testis. Transverse US shows empty scrotal sacs (arrows).

Figure 9

Figure 10
4C. Bilateral Undescended testis. Longitudinal US shows Left testis located intra abdomen deep to the anterior abdominal muscles adjacent to deep inguinal ring.

Figure 11
4D. Right sided undescended testis. Longitudinal US shows Right Testis located in the inguinal canal (arrow), small in size, oval, elongated and hypoechoic compared to normal left testis.

5A. Polyorchidism. Longitudinal grayscale US shows, third testis (asterix) located on right side superior and lateral to right testis (RT), with absent median raphae (arrow), associated with indirect inguinal hernia with herniated bowel loop (arrow head).

**POLYORCHIDISM**

It is defined as presence of more than two testes, is a rare developmental anomaly of the genital tract, with approximately 70 cases reported [8]. The most popular, theory of its origin is due to duplication or abnormal division of the urogenital ridge [9]. A majority of supernumerary testis located on left side and lacks its own epididymus in 90%. Its associations with cryptorchidism, indirect inguinal hernias, testicular torsion, hydrocoele, epididymitis,
varicocele and infertility have been reported [10] [Fig 5A, 5B].

**Figure 12**

5A. Polyorchidism. Longitudinal grayscale US shows, third testis (asterix) located on right side superior and lateral to right testis (RT), with absent median raphae (arrow), associated with indirect inguinal hernia with herniated bowel loop (arrow head).

**Figure 13**

5B. Polyorchidism. Longitudinal grayscale US shows, the normal left testis in the same patient (arrow).

**HYDROCELE**

Hydrocele is an abnormal collection of serous fluid accumulating between the visceral and parietal layers of the tunica vaginalis. On US appears as an anechoic fluid collection surrounding the anterolateral aspects of the testis. A hydrocele may be Primary due to idiopathic cause [Fig 6A]; Secondary hydrocele occurs following scrotal trauma or secondary to epididymitis, torsion, or neoplasm [Fig 6B].

**Figure 14**

6A. Primary or idiopathic hydrocele. Longitudinal US of scrotum shows anechoic fluid collection (H) surrounding the left testis with normal testicular echopattern and normal right testis seen.
6B. Post inflammatory secondary hydrocele. Longitudinal US of scrotum shows septations (S), inflamed testis (T).

Congenital hydroceles result from a patent processus vaginalis that permits entry of peritoneal fluid into the scrotal sac the most common cause of painless scrotal swelling in children [Fig 6C].

6C. Congenital hydrocele. Longitudinal US of scrotum in a 2 yrs old boy, shows large anechoic fluid collection in scrotal sac extending along inguinal canal with communication with peritoneal cavity (arrow).

PYOCELE

A pyocele results from untreated epididymo-orchitis or rupture of an intratesticular abscess into the space between the layers of the tunica vaginalis. In US it appears as complex cystic lesions with internal septations and loculations. Skin thickening and calcifications can be seen in chronic cases. [Fig.6D]

6D. Chronic pyocele. Longitudinal US with panoramic view of right scrotum shows low level internal echoes (P), with thickened and calcified wall (c) with posterior acoustic shadowing (S), inferiorly displaced right testis (T).

CONDITIONS OF THE SPERMATIC CORD

SPERMATIC CORD HYDROCELE

Spermatic cord hydrocele (SCH) is a rare congenital anomaly, resulting from an abnormal closure of the processus vaginalis. It is a loculated fluid collection along the spermatic cord, located above the testicle and the epididymis. Two types of SCH are recognized. The first type is encysted hydrocele of the cord, where the fluid collection does not communicate with the peritoneum or the tunica vaginalis [Fig 7A, 7B]. The second type is the funicular hydrocele, where there is a fluid collection along the cord, communicating with the peritoneum at the internal ring [Fig 7C].

7A. Encysted hydrocele of right Spermatic cord. Panoramic longitudinal inguinal scrotal scan of in a boy shows, well defined anechoic cystic area in the inguinal portion of right spermatic cord with absent intra abdominal communication.
Figure 19
7B. Encysted hydrocele of right Spermatic cord. Panoramic longitudinal left inguino scrotal scan shows normal left spermatic cord.

Figure 20
7C. Funicular hydrocele of Spermatic cord. Panoramic longitudinal inguinal scrotal scan of in a boy shows Cystic area (c) noted along the right spermatic cord extending from upper pole of testis (T) communicating intraabdomen (arrow), (PS- pubic symphy

VARICOCELE
A varicocele is an abnormal dilatation of the pampiniform plexus of veins secondary to the incompetent valves in the internal spermatic veins. The color Doppler US is nearly 100% sensitive and specific in varicocele detection.[3] Primary or idiopathic is the most common type of varicocele, left side more common, present in approximately 15% of adult men between the ages of 15 and 25 years.

Criteria for diagnosis of varicocele are (a) In gray-scale US the largest vein measured more than 2 mm in diameter in supine position or more than 3 mm in diameter in standing; (b) increase in more than 1 mm size during valsalva [Fig 8A]; (c) In color Doppler US reflux more than 2-sec during valsalva maneuver [Fig 8B]. A combination of the (a) & (b) or (a) & (c) criteria are used. Grading of Varicocele based on Doppler reflux during valsalva : grade 1, static reflux (<2 s); grade 2, intermittent reflux (>2 s); and grade 3, continuous reflux or reflux during normal respiration.[14] Secondary varicoceles are less common and occurs in the elderly, secondary to retroperitoneal disease processes, renal cell carcinoma with left renal vein thrombosis.

Figure 21
8A. Primary varicocele. Longitudinal Gray-scale US examination shows multiple dilated tubular anechoic dilated pampiniform plexus, increased size in post valsalva (arrow).

Figure 22
8B. Primary varicocele. Longitudinal Colour Doppler US shows reflux after valsalva (arrow).

TUMORS OF THE SPERMATIC CORD AND PARATESTICULAR TISSUES
Lipoma is the most common benign tumors of the spermatic cord. Sarcomas are most common malignant neoplasms of the paratesticular tissues. Paratesticular rhabdomyosarcoma is one of the most common non-germinal neoplasms affecting the scrotal contents in children and young adults. In US, mixed echogenicity extratesticular mass with hypervascularity, epididymus may be obscured by the mass. [17] [Fig 9]
Figure 23
9A. Paratesticular rhabdomyosarcoma. Longitudinal gray scale US in a young boy, shows extra testicular hypoechoic mass (M), engulfing the testis (arrow), which has normal echopattern, surgically proved as Paratesticular rhabdomyosarcoma.

Figure 24
9B. Paratesticular rhabdomyosarcoma. Longitudinal gray scale US of left inguino scrotal region shows extension of mass (M) to left inguinal region with cystic areas within it.

Figure 25
10A. Acute epididymo-orchitis. Longitudinal gray scale US shows enlarged testis (T), thickened scrotal wall (arrow) with hydrocele with septations.

Figure 26
10B. Acute epididymo-orchitis. Dual transverse power Doppler US of both testes shows increased flow in the right side testis compared to normal left testis.

**EPIDIDYMO-ORCHITIS (EO).**

EO is a common cause of acute scrotum. The epididymal head is the most commonly affected region. In acute EO affected organ shows increased size, decreased echogenicity and reactive hydrocele and wall thickening are frequently present [Fig 10A]. In colour Doppler US the hallmark of scrotal infection is hyperemia of the epididymis, testis, or both is a well-established criterion for the diagnosis of EO [18] [Fig 10B]. In acute EO, pulse wave Doppler shows high-flow, low-resistance wave pattern with the resistive index is less than 0.5 [19, 20, 21] [Fig 10B]. Considering peak systolic velocity more than 15 cm/sec, the diagnostic accuracy for orchitis is 90% and 93% for epididymitis [22] [Fig 10C]. Complications of acute EO include chronic pain, infarction, abscess, pyocele, gangrene, infertility, and atrophy.
Figure 27
10C.Acute epididymo-orchitis. Pulse Doppler of intratesticular vessels shows low resistance flow pattern (arrow) and increased PSV.

Figure 28
10D.Testicular infarct. Longitudinal power Doppler US in a patient with epididymo-orchitis, shows a wedge shaped hypoechoic area devoid of vascularity (arrow).

Figure 29
11A.Chronic Epididymoorchitis. Panoramic longitudinal gray scale US shows enlarged and heterogenous right testis (t), head of epididymus (E) is enlarged and Funiculitis with thick spermatic cord (SC).

TUBERCULOUS EPIDIDYMO-ORCHITIS
The tuberculous bacillus can also gain entry via the hematogeneous and lymphatic routes. With both direct and hematogenous spread, the tail of the epididymis is usually the first structure to be involved, due to its high vascularity. On US the following types: diffusely enlarged, homogeneously hypoechoic; nodular enlarged, heterogeneously hypoechoic; or military. Evidence of tuberculosis infection elsewhere, failure of conventional antibiotic therapy, and scrotal calcifications, abscess, and sinus tract are helpful clues in aiding the diagnosis of tuberculosis epididymitis and tuberculosis epididymoorchitis [24] [Fig.11B, 11C].
Figure 30

11B.Chronic tubercular Epididymoorchitis. Longitudinal US shows enlarged and heterogeneous epididymus with calcification, with increased flow on power Doppler.

TESTICULAR TORSION

In testicular torsion, due to twisting of the spermatic cord, early diagnosis is most critical because, testicular salvage is more likely if surgery done within 4–6 hours after the onset of torsion. Two types of testicular torsion (a) Extravaginal torsion most common in newborns and (b) Intravaginal torsion is more common in adolescents in with a predisposing factor of the “bell clapper” deformity, in which tunica vaginalis joins high on the spermatic cord, leaving the testis free to rotate. In the acute torsion, testicular echogenicity may appears normal later on diffuse decrease in echopattern with enlargement [Fig.12 A].

In sub acute torsion (1 to 10 days), enlarged testis and heterogeneous echogenicity, absent flow in testis with increased surrounding vascularity [Fig 12B]. Sonographic evaluation of the spermatic cord is important as the point of cord twisting can be identified at the external inguinal orifice called “whirl pool sign” is the most definitive sign of torsion because it has 100% specificity and sensitivity [28][Fig12C]. The intrascrotal portion of the cord appears as edematous, round, ovoid or curled echogenic extra testicular mass, with the epididymal head wrapped around it [Fig 12D,12E]. The definitive diagnosis of complete testicular torsion is made when blood flow is visualized on the normal side but is absent on the affected side [Fig 12F].

Incomplete torsion refers to cord twisting of less than 360°, in which some arterial flow persists in the affected testis; it is important to compare the two testes by using transverse views, in which colour Doppler shows reduced flow, with additional pulsed-wave Doppler imaging, decreased or reversed diastolic flow may be evident on the affected side [Fig 12 G, 12H, 12I].

SCROTAL TUMORS

Patients usually presents as painless scrotal swelling. Because of excellent spatial resolution US can differentiation between intra or extra testicular and solid from cystic tumors, it is nearly 100% sensitive for identifying scrotal masses [29].

EXTRATESTICULAR TUMORS

Adenomatoid tumor is the most frequent extra testicular tumor. It is benign, occurs in the age group of 20 to 50 yrs, frequently arises from the poles of the epididymis most common at tail [1][3]. They are generally unilateral, smooth, round, well circumscribed echogenic mass with minimal vascularity and rarely measuring more than 5 cm [Fig13A, 13B, 13C].

EPIDIDYMAL CYSTS

They are not true tumors but usually manifest as a palpable mass. They contain clear serous fluid; they are seen as an anechoic, well-defined cystic lesion with increased through
transmission [Fig14A, 14B].

SPERMATOCELE
They represent cystic dilatation of tubules of the efferent ductules in the head of the epididymis. Spermatoceles are usually unilocular but can be multilocular. At US examination, they are well-defined hypoechoic lesions usually measuring 1–2 cm and demonstrating posterior acoustic enhancement, with low-level echogenic proteinaceous fluid and spermatooza [Fig15 C].

MALIGNANT TESTICULAR TUMORS
SEMINOMA
Approximately 95% of malignant testicular tumors are germ cell tumors, of which seminoma is the most common histological subtype. Compared to the nonseminomatous germ cell tumors, seminoma occurs in an older patient population, with a mean age of approximately 40 years. On gray-scale US scans, appears as a homogeneous hypoechoic lesion, which corresponds to uniform appearance of the gross specimen [Fig 16 A]. On colour Doppler larger lesions shows increased vascularity. There can be multifocal or unifocal lesions [Fig 16 B].

NONSEMINOMATOUS GERM CELL TUMOR (NSGCT)
These include yolk sac tumor, embryonal cellcarcinoma, teratoma, and choriocarcinoma and mixed germ cell tumors. Mixed germcell tumor is the most common NSGCT. Sonographically, NSGCT tend to be more heterogeneous in echotexture, with both solid and cystic components and echogenic foci, with irregular or ill-defined margins [Fig 17A, 17B, 17C]. The echogenic foci can be due to calcification, hemorrhage, or fibrosis.

LYMPHOMA
It is the most common testicular tumor after the age of 60, with bilateral involvement in 40% of patients. Most primary testicular lymphomas are non-Hodgkin lymphomas. However, secondary involvement is much more common than a primary neoplasm. At US, multiple focal hypoechoic masses may be present or diffuse enlargement may occur [Fig 18A, 18B]. Color Doppler US shows increased vascularity regardless of the size of the lesion [31].

BENIGN TESTICULAR LESIONS
Most intratesticular tumors are malignant; majority of intratesticular cystic lesions are benign, which can present as painless testicular masses, correct diagnosis of these can prevent unnecessary surgical exploration.

CYSTS OF THE TUNICA ALBUGINEA
They can be unilocular or multilocular of size 2–5 mm. They are often detected when a patient presents with a palpable mass. The etiology is unknown, but these cysts are believed to be mesothelial in origin. These cysts sometimes calcify, which casts an acoustic shadow [Fig 19].

SIMPLE CYSTS
Simple cysts are often incidentally detected in men around 40 years of age, usually solitary; vary in size from 2 mm to 2 cm. At US, they appear as an anechoic, without a perceptible wall and with increased through-transmission [Fig 20].

TUBULAR ECTASIA OF RETE TESTIS
Tubular ectasia of the retetestis is a benign condition, occurs in men older than 55 years and is frequently bilateral. Findings of cystic dilatation in or adjacent to the mediastinum testis are characteristics of tubular ectasia and aid in distinguishing it from malignant cystic testicular tumors, which can occur anywhere in the testicular parenchyma. The US appearance is of fluid-filled tubular structures [Fig 21].

INTRATESTICULAR ABSCESS
An abscess is usually secondary to epididymo-orchitis, but
other causes of intratesticular abscess include mumps, trauma, and testicular infarction. The US features include intra testicular hypoechoic, shaggy irregular walls, unifocal or multifocal, with low-level internal echoes, and, on colour Doppler, shows hyper vascular margins [Fig 22A, 22B].

TESTICULAR CALCIFICATION
TESTICULAR MICROLITHIASIS
Testicular microlithiasis (TM) is usually discovered incidentally at US. The typical US appearance of TM is of multiple nonshadowing echogenic foci measuring 2–3 mm and randomly scattered throughout the testicular parenchyma [36] [37]. TM is 2 types [38], depending on the number of echogenic foci per image. With 5 or more echogenic foci on a single image called as classic TM [Figure 23A], with fewer than 5 echogenic foci is called as limited TM [Figure 23B]. It is recommended for annual US follow-up for at least several years after the diagnosis, since associations with testicular neoplasia has reported. [39]

MACROCALCIFICATIONS
Macrocalcifications can be intra- or extra testicular. Calcifications in the epididymis can occur secondary to inflammatory conditions such as tuberculosis or trauma [Fig.24A].

SCROTOLITHS (SCROTAL PEARLS)
These are calcified bodies caused by torsion of appendix testis or appendix epididymus, lying between the membranes of the tunica vaginalis that have no clinical importance. [20] [40] US shows solitary, round hyper echoic area and measure up to 1 cm in diameter, producing a discrete acoustic shadow [Figure 24B].

TESTICULAR TRAUMA
Testicular trauma is the third most common cause of acute scrotal pain. Sporting activities account for more than half of all cases of testicular injury. More than 80% of ruptured testes can be salvaged, if surgical repair is performed within 72 hours of testicular injury [42]. US reliably depicts tunica albuginea rupture, intra- and extra testicular hematomas, and testicular contusions there for useful in triage of patients for medical or surgical management. US findings in testicular rupture include an interruption of the tunica albuginea, a heterogeneous testis with irregular poorly defined borders, scrotal wall thickening, and a large hematocele [Fig 25A]. Color and power Doppler US can demonstrate disruption in the normal capsular blood flow of the tunica vasculosa. Hematocele is a blood collection within the leaves of the tunica vaginalis. At US, an acute hematocele is echogenic, whereas an older hematocele appears as a fluid collection with low-level echogenicity [Fig 25B], fluid-fluid level, or septations.

SCROTAL FILARIASIS
The “Filarial dance sign” (FDS) [43] is described on HRUS shown as linear echogenic structures with persistent, random, almost tireless twirling movements of live adult filarial worms in the lymphatic vessels [Fig 26A]. Pulse Wave Doppler reveals worm nests, in enlarged lymphatic vessels by the characteristic pattern of irregular worm movements, in color Doppler visualized in form of an irregular red color signal [Fig 26B]. US shows dilatation in the lymphatic vessels, early and advanced stages of hydrocoele, and the number of worm nests over time. On follow-up US, after the treatment with DEC, Complete absence of worm movements was taken as a positive response [44] [Fig 26C].

CONCLUSION
In conclusion, the high frequency and color Doppler US is an inexpensive and non-irradiating, non invasive, widely available, easy for follow up and an accurate imaging technique for diagnosis of a variety of scrotal lesions. High-frequency US in addition to color Doppler is a modality of choice to differentiate testicular torsion from inflammatory conditions and diagnosis of scrotal trauma. Gray-scale and color Doppler US accurately differentiates testicular from extra testicular from extra testicular lesions and correctly identify benign intratesticular cystic lesions and differentiate
them from malignant testicular lesions, with the goal being to prevent unnecessary surgical intervention. Accurate localization of the testis is possible in high inguinal scrotal region and diagnosis of varicoceles can be done in infertility. Therefore high resolution sonography and colour doppler is a first imaging modality in all spectrum of scrotal pathologies.

References


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