Partial obstruction of jugular foramen by abnormal bone growth at jugular fossa

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Citation

Abstract
An abnormal unilateral, partial blockage of the jugular foramen was noted in a skull during osteology demonstration classes for the medical undergraduates. The left jugular foramen was narrowed by a thick bony projection. This bony projection filled the jugular fossa. This kind narrowing of the foramen might result in neurovascular symptoms as it transmits important cranial nerves and internal jugular vein.

CASE REPORT
During osteology demonstration classes for medical undergraduates, an abnormal bony projection was found in the left jugular fossa of a skull (Figs 1 and 2). On the right side the jugular fossa was normal. Presence of the abnormal bony projection resulted in partial blockage of the jugular foramen. The jugular foramen was reduced to less than half of its size when compared with the right jugular foramen. There were no other abnormalities in the skull.

Figure 1
Figure 1: Skull base showing the abnormal bone growth in the jugular fossa.

DISCUSSION
The jugular foramen is one of the important foramina of the skull. It transmits the sigmoid sinus, inferior petrosal sinus, ninth, tenth and eleventh cranial nerves. The jugular fossa lies just outside the jugular foramen and lodges the superior bulb of the internal jugular vein. The jugular foramen may
be divided into three parts by four bony spicules. In such cases, the anterior part transmits the inferior petrosal sinus, middle part transmits the three cranial nerves and the posterior part transmits the sigmoid sinus. The jugular foramen may also be divided into two parts by intrajugular processes 1. In a study on 300 skulls of 17th and 18th century 2, the jugular foramen was larger on the right in 61.6% and was larger on the left in 26% of cases, with the remainder being of almost equal size. A dome caused by a superior jugular bulb (jugular fossa) was present bilaterally in 49%, on the right only in 36%, on the left only in 6%; it was absent bilaterally in 10.3%. Complete bony septation occurred in 5.6% on the right and in 4.3% on the left, partial septation was observed in 2.6% on the right and in 19.6% on the left. In a study conducted on 134 East Asian Indian skulls 3, there was a bridging of jugular foramen in 8.1% of cases.

A bony growth in relation to jugular foramen has not been reported yet. The bony growth presented here markedly reduced the size of jugular foramen and jugular fossa. It might cause the neurovascular symptoms which can mimic the symptoms caused by jugular meningiomas, glomus jugulare tumors of cholestatoma. The bony growth in the jugular fossa region might compress the superior bulb of internal jugular vein which in turn might result in venous congestion in the cranial cavity. The compression of 9th, 10th and 11th nerves might result in paralysis of pharynx, larynx and palate. This variation may lead to wrong diagnosis clinically. The knowledge of this abnormality may be important for neurologists, radiologists and anthropologists.

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